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S. M. Hilda, R. S. M.

SALVE



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FOR RELEASE

FRIDAY
JANUARY 17, 1964

HOME ECONOMICS LABORATORY PRESENTS

MEAT COOKERY DEMONSTRATION

The Salve Regina College Home Economics Laboratory in Mercy Hall will be the scene of a meat cookery demonstration on January 20 at 2 p.m. Miss Charmaine Robinson, home economist for the National Live Stock and Meat Board, Chicago, will be demonstrator for students majoring in home economics and local homemakers to the extent of space available in the laboratory.

The two-hour demonstration will present a short course in meat preparation. Time will be devoted to meal planning; nutrition; meat identification, its care, cooking and serving. Recipes will be used representing several different cooking methods.

Educational literature on meat, recipe books, and other practical meat information will be distributed.

Sister Mary Joannes, R.S.M., of the Salve Regina College Department of Home Economics will be in charge of the demonstration.

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